



NEBRASKA COALITION
TO END SEXUAL AND DOMESTIC VIOLENCE

Nebraska Coalition Lending Library Resources

*These resources are available in the Nebraska Coalition Lending Library.
Requests to borrow resources can be made: resources@nebraskacoalition.org

Domestic Violence and Intimate Partner Violence:

1. Breaking the Cycle: A collection of stories surrounding domestic abuse & turmoil it causes
2. Child Abuse, Domestic Violence, and Animal Abuse: Linking the circles of compassion for prevention and intervention
3. Healthy Moms, Happy Babies: A train the Trainers Curriculum on Domestic Violence, Reproductive Coercion, and Children Exposed
4. Helping Children Thrive: Supporting Woman Abuse Survivors as Mothers
5. How the Earth Didn't Fly into the Sun: Missouri's Project to Reduce Rules in DV Shelters
6. Invincible: The 10 Lies you Learn growing of with Domestic Violence and The Truths to set you free
7. Perpetrators of Intimate Partner Sexual Violence: Prevention, Recognition, and Intervention
8. Strengthening Mother & Child Bonds: An Advocates Guide
9. The Batterer as Parent: Addressing the impact of domestic violence on family dynamic
10. The Verbally Abusive Relationship: How to Recognize it and How to Respond
11. Through their Eyes: Domestic Violence and Its Impact on Children
12. Verbal Abuse Survivors Speak out: On relationship and recovery
13. When Katie Wakes: A Memoir
14. Why Does He Do That: Encouragement for women Involved with Angry & Controlling Men

15. Why Doesn't She Leave: Real Women Real Stories, A new Perspective on Domestic Violence

Trauma (General):

1. Expecto Patronum: Using Lessons from Harry Potter to Recover from Abuse
2. The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma (ENG & SPAN)
3. Trauma & Recovery: The Aftermath of Violence, from Domestic Abuse to Political Terror
4. Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, & Society
5. Victim No Longer: The Classic Guide for Men Recovering from Child Sexual Abuse
6. Yes, you can: Healing from Trauma & Addiction with Love, Strength, and Power

Trauma and Self Esteem (workbooks for survivors):

1. Don't Let Your Emotions Run Your Life: Dialectical Behavior Therapy Skills for Helping Manage Mood Swings, Anger, and Outbursts
2. The PTSD Workbook for Teens: Simple, Effective Skills for Healing from Trauma
3. The Sexual Trauma Workbook for Teen Girls: A Guide to Recovery from Sexual Assault
4. The Self-Esteem Workbook: A Simple Effective Program to Help You (ENG & SPAN)
5. The Self Esteem Workbook for Teens: Activities to help you build confidence

Trauma (sexual trauma and sexual violence):

1. Allies in Healing: When the person you love was sexually abused as a child
2. Lived Through this: Listening to the Stories of Sexual Violence Survivors
3. Resurrection After Rape: A guide to transforming from victim to survivor
4. The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse

5. The Sexual Healing Journey: A Guide for Survivors of Sexual Abuse
6. Writing Ourselves Whole: Using the Power of Creativity to Recover & Heal from Sexual Trauma

Trauma (compassion fatigue and organizational trauma):

1. Help for the Helper: Self Care Strategies for Managing Burn Out and Stress
2. Organizational Trauma and Healing
3. Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others

Sexual trauma and Sexual violence (services and organizational capacity):

1. Building Cultures of Care: A Guide for Sexual Assault Service Programs
2. Opening Our Doors: Building Strong Sexual Assault Services in Dual & Multi-Service Advocacy Agencies
3. Strengthening Our Practice: The Ten Essential Strengths of Sexual Violence Victim Advocates in Dual and Multi-Service Advocacy Agencies

Trauma (Mental Illness and Substance Abuse):

1. Beyond Labels: Working with Abuse Survivors with Mental Illness & Substance Abuse Issues
2. Getting Safe and Sober: Working with Women Coping with Substance Abuse, Interpersonal Violence, and Trauma (ENG & SPAN)
3. Seeking Safety: A Treatment Manual for PTSD and Substance Abuse
4. The Violence and Addiction Equation: Theoretical and Clinical Issues in Substance Abuse and Relationship Violence

Female Empowerment and Resources for Survivors:

1. Crucial Accountability: Tools for Resolving Violated Expectations, Broken Commitments, and Bad Behavior

2. Journey to Wholeness: Healing from the Trauma of Rape
3. Making out Like a Virgin: Sex, Desire, and Intimacy After Sexual Trauma
4. Overcoming Trauma Through Yoga: Reclaiming Your Body
5. Stop Signs: Recognizing, Avoiding, and Escaping Abusive Relationships
6. The Self Esteem Workbook: A Simple Effective Program to Help You (ENG & SPAN)
7. Turning Points: A Nonviolence Curriculum for Women (Training Guide and Workbook)
8. Yes, Means Yes: Visions of female sexual power and a world without rape

Teen Dating Violence and Prevention:

1. Beyond Blame: Challenging Violence in the Media Middle School Program
2. Can I Kiss You: A Thought Provoking look at Relationships, Intimacy, and Sexual Assault
3. Coaching Boys into Men Coaching Kit
4. Dragon Slippers: This is what an abusive relationship looks like
5. Expect Respect Teen Dating Violence Prevention Program for Middle Schools
6. Fourth R English Programs Grade 9 through 12
7. Fourth R Healthy Relationships Plus Program
8. May I Kiss You? A Candid Look at Dating, Communications, Respect, & Sexual Awareness
9. Respect WORKS! Teen Dating Violence Prevention Program for Middle and High Schools
10. Safe Dates: An Adolescent Dating Abuse Prevention Curriculum
11. Second Step Bully Prevention Units Kindergarten through Grade 5
12. Second Step Program Curricula Kindergarten through Grade 8
13. Shifting Boundaries Middle School Program
14. Street Wise to Sex Wise: Sexuality Education for High Risk Youth
15. The Men's Program: A Peer Education Guide to Rape Prevention Third Edition
16. Toward the Next Generation of Bystander Prevention of Sexual and Relationship Violence

Children's Books and Materials:

1. A Safe Place to Live: A story for children who have experienced domestic violence
2. Bunny Book
3. Expressive Arts Therapy for Traumatized Children and Adolescents: A Four Phase Model
4. I want to Tell You Something / Te quiero Contar Algo
5. Making it Better: Activities for Children Living in a Stressful World
6. On a Dark, Dark Night
7. S.K.I.T: Support for Kids in Transition
8. Scenes from a Shelter: Talking with Children about Domestic Violence w/story book & DVD
9. The Safe Touch Coloring Book
10. Understanding Children's Sexual Behavior: What's Natural and Healthy (ENG & SPAN)

Masculinity and working with Men/boys:

1. Boys will be Boys: Breaking the Link Between Masculinity and Violence
2. Boys will be Men: Raising our Sons for Courage, Caring, and Community
3. Guy land: The Perilous World where Boys become Men & Understanding the critical years between 16 & 26
4. Men Speak Out - Views on Gender, Sex & Power
5. The Macho Paradox: Why some men hurt women and how all men can help
6. Unexpected Allies - Men Who Stop Rape

Diverse Communities, Cultures, and Religion:

1. The Shame Borne in Silence: Spouse Abuse in Jewish Community
2. Love Shouldn't Hurt: Building Healthy Relationships for Jewish Youth
3. Healing Violent Men: A Model for Christian Communities
4. Violence in Families: What every Christian needs to know

5. When Violence is No Stranger: Pastoral Counseling with Survivors of Acquaintance Rape
6. Ending Violence in Teen Dating Relationships: A Resource Guide for Parents and Pastors
7. Victim to Survivor: Women recovering from clergy sexual abuse
8. What Islam Says about Domestic Violence: A guide for helping Muslim families
9. Garments of One Another: Ending Domestic Violence in Muslim Families w/DVD
10. Walking Together: Working with Women from Diverse Religious and Spiritual Traditions:
A Guide for DV Advocates

LGBTQ:

1. Domestic Violence in LGBTQ Communities
2. Open Minds Open Doors: Transforming Domestic Violence Programs to Include LGBTQ Survivors
3. Queering Sexual Violence: Radical Voices from within the Anti Violence Movement
4. Transgender Sexual Violence Survivors: A Self Help Guide to Healing and Understating
5. Transitioning Our Shelters: A Guide to Making Shelter's Safe for Transgender People

Immigration:

1. A Guide for Immigration Advocates Volume 1 and Volume 2
2. Immigration Options for Abused Immigrants: Information for Advocates working with Immigrant victims of Domestic Violence, Sexual Assault, and Stalking.

Race and Racial Issues:

1. Arrested Justice: Black Women, Violence, and Americas Prison Nation
2. At the Dark End of the Street: Black Women, Rape, and Resistance: A New History of the Civil Rights Movement from Rosa Parks to the Rise of Black Power
3. No Secrets No Lies: How Black Families Can Heal Form Sexual Abuse
4. Intersectionality

Native American Resources:

1. Teen Dating Violence Prevention Curriculum and Workbook for Native American Girls
2. The Beginning and End of Rape: Confronting Sexual Violence in Native America
3. Using Federal Law to Prosecute Domestic Violence Crimes in Indian Country W/ DVD
4. Violence Against Oglala Women is not Lakota Tradition Handbook

Finances and Poverty:

1. All Sate Foundation: Financial Empowerment Curriculum
2. Guide to Consumer Rights for Domestic Violence Survivors
3. REAP: Realizing your Economic Action Plan
4. Saving Bernice: Battered Women, Welfare, and Poverty
5. Taking Action: An Advocates Guide to Assisting Victims of Financial Fraud

Rural Resources:

1. Changing Public Perceptions of Sexual Assault in Rural Communities
2. Domestic Violence in Rural America: A Resource Guide for Service Providers
3. Implementing SANE Programs in Rural Communities
4. Unspoken Crimes: Sexual Assault in Rural America

Elder Abuse:

1. In Their Own Words: Domestic Abuse in Later Life w/DVD
2. Mandatory Reporting of Elder Abuse: Implications for Domestic Violence Advocates
3. Transcending Silence: A Series on Speaking out and Taking Action in our Community about Sexual Assault and the Elderly
4. Walk in our Shoes: Working with Older Survivors of Abuse Discussion Guide w/DVD

Child Abuse and Child Sexual Abuse:

1. A Child Called It: One child's courage to survive
2. From Hurt to Hope: A child sexual abuse and assault advocacy guide
3. Hiding Behind a Smile: Disguising our deepest feelings
4. Shattered Innocence: A revealing story of Sexual Abuse, its aftermath, and recovery
5. Sibling Abuse: Hidden physical, emotional, and sexual trauma
6. Survivor to Thriver: Manual for Adult Survivors of Child Abuse who want to Move on with Life
7. The Advocates Guide: Working with parents of children who have been sexually assaulted
8. The Roller Coaster of My Life

Legal Resources:

1. Battered Women in the Courtroom: The Power of Judicial Response
2. Child Custody and Domestic Violence: A call for safety and accountability
3. Divorce in Nebraska: Understandable Answers to your Legal Questions
4. Domestic Violence and Child Custody Disputes: A Resource Handbook
5. Expert Witness for Domestic Violence & Sexual Assault Cases: Why? Who? When? How?
6. Expert Witness Training, Missouri Coalition
7. Expert Witness Training, Nebraska coalition
8. From Madness to Mutiny: Why Mothers are running from family court and What can be done about it
9. Gaining Insight Taking Action: Basic Skills for Serving Victims
10. The Little Book of Restorative Justice

Victims with Disability, Disorders, and Mental Illness:

1. Access to Advocacy: Serving Women with Psychiatric Disabilities in DV Settings
2. Communication: A Book for Individuals who are Victims of Violence and Abuse
3. Coping with Sexual Assault (Book in Prail)
4. Culture, Language, and Access: Key Considerations for Serving Deaf Survivors of Domestic and Sexual Violence
5. Our Rights Right Now: Women with Disabilities and Sexual Violence Education Guide
6. Sticks and Stones: Disabled People's stories of abuse, defiance, and resilience
7. The Sum of my Parts: A survivor's story of Dissociative Identity Disorder
8. Victims with Disabilities: Techniques for Interviewing Victims with Communication and/or cognitive disability
9. Who, What, Where, when: A symbol book for Communicating with Survivors of Sexual Abuse who use Alternative Communication

Family & Friends Resources:

1. A Guide for Friends and Family of Sexual Violence Survivors (ENG & SPAN)
2. A Guide to peer counseling
3. Family and Friends Guide to Domestic Violence: How to listen, talk, and take action when someone you care about is being abused
4. To be an Anchor in the Storm: A guide for families and friends of abused women

Interactive Learning Activities:

1. Walking the Walk: A Sexual Violence Awareness Exercise, Houston Area Women's Center
2. In Their Shoes: Teens and Dating Violence Exercise, Washington Coalition
3. In Her Shoes: Living with Domestic Violence Exercise, Washington Coalition

Recommended Videos:

1. The Empathy Gap: Masculinity and the Courage to Change
2. Tough Guise 2: Violence, Manhood, and American Culture
3. The Bro Code: How Contemporary Culture Creates Sexist Men
4. Porn land: How Porn Has Hijacked Our Sexuality
5. Killing Us Softly 4: Advertisings Image of Women
6. Guy land: Where Boys Become Men
7. A Survivors Story (ENG & SPAN)
8. Miss Representation
9. The Hunting Ground
10. The Mask You Live In
11. Telling Amy's Story
12. Healing Neen