National Online Prevention Courses and Tools

PreventConnect.org E-learning Courses
@ Learn.PreventConnect.org

Introductory Courses

- **An Introduction to Program Planning and Evaluation**
  This course is intended for people who are working to prevent violence in their communities, whether that is a neighborhood, state, campus, reservation, or any other type of community. This is an introductory course and is meant to provide a very basic overview of the main concepts behind prevention program planning and evaluation. Specifically, this course will help you understand how program planning and evaluation go together.
- **Being Smart about Statistics**
  This course, intended for sexual and domestic violence prevention practitioners, discusses key considerations for identifying quality statistics and rephrasing them appropriately for use in presentations, reports, and more.
- **Building Blocks of Prevention**
  These courses provide foundational prevention training. Users who are new to prevention should complete all courses within this section before moving on to more advanced topics.
- **Comprehensive Prevention Efforts**
  Prevention efforts are most effective when they are comprehensive. Complete the course lesson to gain an understanding of this topic.
- **Introduction to Sexual Health**
  This course provides an introduction to sexual health for sexual and domestic violence prevention practitioners.

Intermediate Courses

- **A Positive Youth Development Approach to Sexual and Domestic Violence Prevention**
  This e-learning unit focuses on prevention work with young people. The materials are most applicable for working with people under the age of 20, but the strengths-based approach can be used in all areas of our work.
- **Integrated Evaluation for Program Improvement**
  Complete this lesson to learn about key concepts and questions about integrating evaluation for program improvement.
- **All Research is Not Created Equally: Assessing the quality of program evaluation studies**
  This course, intended for sexual and domestic violence prevention practitioners, discusses considerations for using research evidence to inform program planning, including the current state of research in the field, the kinds of evidence, and criteria for assessing the quality of program evaluation research studies.

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- **Utilizing Youth as Prevention Volunteers**
  This course discusses key concepts and questions for engaging youth as prevention volunteers. Volunteers are essential for our work, yet so often we miss opportunities for volunteers, seeing them only as helpful for administrative or response work.

- **Coalition Building and Turf Management for Strategic Prevention Partnerships**
  This aim of this course is to prepare you to build effective coalitions, and to improve those that already exist, in your sexual and domestic violence prevention efforts. The course also aims to assist you in effectively managing turf issues that may arise.

- **Collaboration for Sexual and Domestic Violence Prevention**
  This aim of this course is to provide you with the motivation, skills, and resources necessary to build and maintain effective interdisciplinary partnerships for the prevention of sexual and domestic violence. The course shares key strategies for engaging with diverse sectors in the movement and introduces the *Collaboration Multiplier Tool*.

- **Community Mobilization and Primary Prevention**
  This course will support and motivate you as you apply community mobilization theory and techniques in your sexual assault and domestic violence prevention work. We assume that you are familiar with the basic theory and practice of community mobilization, along with general concepts of primary prevention. New learners should complete the *Building Blocks of Prevention* course before proceeding.

- **Coordinating Prevention Across Sexual and Domestic Violence**
  This course was developed for practitioners working to prevent sexual assault and domestic violence. Our intention is to help you develop local initiatives that support primary prevention of both sexual assault and domestic violence. New learners should complete the *Building Blocks of Prevention* course before proceeding.

- **Engaging Bystanders in the Prevention of Sexual and Domestic Violence**
  This course will support you as you apply bystander engagement theory to your work in sexual assault and domestic violence prevention. It assumes that you are familiar with the basic theory and practice of the bystander approach, and understand general concepts related to primary prevention. New learners should complete the *Building Blocks of Prevention* course before proceeding.

- **Social Marketing as a Tool in Primary Prevention**
  This course has been developed for practitioners in the work to prevent sexual assault and domestic violence. It is based on the concepts of social marketing as described and utilized in recent educational and community organizing models of primary prevention. Further, it is designed to help you, the participant, apply these concepts in your own work in your local communities. It is written with the assumption that you are familiar with general concepts related to primary prevention. New learners should complete the *Building Blocks of Prevention* course before proceeding.

- **Using Logic Models for Planning Primary Prevention Programs**
  This course introduces logic models as tools for planning domestic and sexual violence prevention efforts.

- **Measuring the Impact of Your Sexual and Domestic Violence Prevention Efforts**
  This course assists learners in understanding how to measure success in preventing sexual and domestic violence. It explores why short term measures are important to guiding successful norms change, how these indicators can be used to show your progress and ensure your initiative is on the path to prevention, and a process for developing indicators for your project including sample indicators developed for the most common strategies in

the field. Ultimately, this course helps to develop indicators that support your work and communicate your success.

- **Using Media and Technology in Sexual and Domestic Violence Prevention Efforts**
  This aim of this course is to help you as you incorporate media and technology into your sexual and domestic violence prevention efforts. With an emphasis on online tools, the course makes the case for using media and technology in your efforts. It also walks you through key considerations for choosing and incorporating tools, as well as provides an example of a *Rape Prevention and Education Grant Program* that has successfully incorporated these tools into their prevention program.

Advanced Courses

- **Trauma-Informed Systems Change 101**
  This course discusses key concepts for trauma-informed care and practice as well as learning how to shift from individual interventions to a system approach.
- **Putting Social Justice at the Heart of Public Health**
  This course develops a public health framework for the prevention of violence against women that is rooted in social justice, community assets, and community needs. It explores the compatibility of common public health and feminist perspectives for the prevention of violence against women.

PreventConnect Campus Courses

- **Online Module Selection through a Prevention Lens**
  This course is designed to build a solid foundation for selecting an online module. We hope that the principles we discuss can also build a strong foundation for selecting other types of prevention products, but we will keep our focus on online modules. At the end of this course, we hope you will be able to explain the current theory and research on online prevention, identify important factors and processes to consider when choosing an online module, and apply theory to practical aspects of using the selection toolkit
- **Comprehensive Prevention on Campus**
  This course is intended for advocates, prevention practitioners, faculty, staff, and administrators who work on college campuses and will explore the philosophical foundations of comprehensive violence prevention, public health, and how we—as campus professionals—can further incorporate and align our work with best practices in preventing violence in our various campus communities.

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National Sexual Violence Resource Center E-learning Courses
@ campus.nsvrc.org

- **Primary Prevention Primer**
  This interactive learning tool introduces primary prevention through a set of activities to enhance knowledge about primary prevention. Information covered includes the Moving Upstream story, the Social Ecological Model, and an exploration of the differences between risk reduction and primary prevention.
- **Sexual Violence Prevention**
  This recorded webinar provides an overview of sexual violence prevention, utilizing the public health approach to talk about primary prevention and norms change. Examples of promising prevention strategies are also highlighted. **Mapping Evaluation**
  This three-part video podcast series highlights innovative sexual violence prevention evaluation work happening across the country.
- **Evaluating Sexual Violence Prevention Programs: Steps and Strategies for Preventionists**
  This course will help participants identify where their program has the skills and resources to do evaluation and where they may need some help. Information for this course is drawn from the *Technical Assistance Guide and Resource Kit for Primary Prevention and Evaluation*, developed by Stephanie Townsend, PhD for the Pennsylvania Coalition Against Rape (2009).
- **Engaging Bystanders in Sexual Violence Prevention**
  This course was written by Joan Tabachnick, produced by The New England Adolescent Research Institute Inc. (NEARI) and sponsored by the National Sexual Violence Resource Center (NSVRC). It is based on the NSVRC publication of the same name. This course provides the basics for how to encourage friends and family to deter and possibly prevent sexual violence. A certificate of completion for 1 hour of course work is available.
- **Expect Respect: Youth Leadership and Theatre**
  Presented by Barbara Ball and Susie Gidseg of Safe Place, this webinar will feature examples of youth creatively taking the lead to promote healthy relationships. Preventionists and youth activists from Safe Haven in Pike County will report in how they have sustained an effective youth initiative with *Rallying Youth organizers Together Against Rape and Abuse*.
- **Evaluation 101: What is Evaluation? Why do it? How can it help?**
  This webinar will review the key steps in evaluating the outcomes of prevention programs. Numerous examples are provided to explore how evaluations are designed, what it takes to carry them out, and what can be learned. These examples help participants think about what a useful, meaningful evaluation might look like in their own programs. Evaluation challenges and tips for avoiding common mistakes are offered.
- **Data Analysis**
  The *Data Analysis* series consists of four courses designed to show users how to enter, analyze, and report on evaluation data captured from pre/post surveys. These courses contain sample data for practice, and users can pause, review, and revisit any portion of the courses.

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VetoViolence E-learning Courses and Tools
@ vetoviolence.cdc.gov

- **Principles of Prevention**
  A free online course that introduces users to the fundamental aspects of violence and violence prevention. This valuable training explains the key concepts of primary prevention, the CDC's role and public health approach, and the use of the Social Ecological Model for violence prevention.

- **Understanding Evidence: Introduction to Evidence Based Decision-making**
  A free online resource designed to educate practitioners and community advocates about the value of making evidence-informed decisions around violence prevention. Evidence based decision-making is a process for making decisions about a program, practice, or policy that is grounded in best available research and informed by experiential evidence from the field and contextual evidence.

- **EvaluACTION: Putting Evaluation to Work**
  This site is designed for people interested in learning about program evaluation and how to apply it to their work. Evaluation is a process, one dependent on what you are currently doing and on the direction in which you'd like go. The site also features an interactive *Evaluation Plan* and *Logic Model Builder*, so you can create customized tools for your organization to use.

- **Dating Matters: Understanding Teen Dating Violence Prevention**
  Based on insights from teachers, this online, accredited course uses expert interviews, creative visuals, interactivity, and compelling storytelling to communicate the relevance of teen dating violence prevention to anyone working with youth. This training is designed for anyone interested in learning more about how to stop teen dating violence—before it happens.

- **Making the Case: Engaging Businesses**
  This tool will help you communicate the important role of businesses as partners in assuring safe, stable, nurturing relationships and environments in the home, community, and workplace. It will also help you develop a concrete goal for partnering with businesses and a clear request (or "ask") for local businesses of interest to you.

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- **Beyond Checking the Boxes: A Discussion on Education Program Evaluations**
Evaluation is critical to sustain the quality of the work and to justify what we do. This webinar will discuss the critical points at which you should evaluate your progress in the training design process, outline the types of information you should collect, and provide tips for how you should use the data you collect.

- **Creating and Implementing Sexual Violence and Sexual Harassment Prevention Programs with Graduate Students: Principles and Practices**
Although the majority of campus-based sexual violence and harassment prevention efforts have focused on undergraduate students, recent research has shown that graduate students are at an even higher risk for experiencing these types of harm. On this webinar, we share our experience in developing and implementing a range of prevention programs tailored to graduate students. This webinar provides a brief overview of prevention principles, common language, and a theoretical framework.

- **How Employers Can Build a Framework to Address Sexual Harassment and Violence in the Workplace**
In the wake of the *#MeToo Movement* many employers are reconsidering their responsibilities and reviewing their policies on harassment in the workplace. To help employers develop and strengthen policies that better prevent and appropriately respond to the full spectrum of gender-based violence from sexual harassment to domestic violence, this webinar provides the key policy elements and strategies employers can pursue to foster safer and more productive workplaces.

- **Improving Health Outcomes Through Violence Prevention: Model Partnerships Between Community Health Centers and Domestic and Sexual Violence Programs**
Domestic and sexual violence is a public health crisis, with long-term health implications. Fortunately, there are strategies to respond. Futures Without Violence is excited to share effective intervention strategies and a new online toolkit for establishing and expanding partnerships between community health centers and local domestic violence/sexual assault agencies. This webinar will provide guidance for using the toolkit, share an evidence-based clinical intervention for addressing and responding to domestic violence/sexual assault in healthcare settings, and highlight successful partnerships between health and domestic violence/sexual assault programs.

- **Fighting for Change: Make Your Voice Heard With Your Elected Officials**
Have you seen the tremendous turnout of voters, citizens, and students at the offices of their Congresspersons, Senators, and local elected officials recently? They are listening! We will arm you with scripts and tools to arrange student and parent visits/calls to members of congress or your school board. Learn more here about how to express your support for Title IX protections and services for survivors of sexual assault and cyber harassment.

- **Addressing and Preventing Intimate Partner and Sexual Violence in Campus Health Centers**
This webinar will provide tools and resources for staff working in campus-based health settings to incorporate intimate partner and sexual violence prevention and response into their work. The webinar will feature best practices learned by campus health centers, which have begun to implement a comprehensive intimate partner and sexual violence protocol.

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- **Improving Health Outcomes Through Violence Prevention: Promising Strategies from Community Health Centers**
This webinar highlights the first phase of a pilot program to improve health outcomes through intimate partner violence prevention in three community health centers. The three pilot sites will discuss their work to date to improve the response to intimate partner violence in a patient centered medical home model of care. Promising practices, model tools and resources developed by the sites will be shared.

- **Trauma Informed Approaches to Domestic Violence Exposure, Adverse Childhood Experiences, and Resiliency**
This webinar explores the latest thinking about Adverse Childhood Experiences (ACEs) and childhood exposure to domestic violence. Emphasizing the opportunity for primary prevention, presenters will discuss strategies for trauma-informed parenting to prevent the inter-generational transmission of ACEs. The webinar will include practical skills learning including how to educate families about ACEs and how to promote resiliency through trauma-informed parenting.

- **Incorporating a Trauma Informed Approach to Social Emotional Learning in Diverse Community Settings**
In this webinar, we explore innovative new approaches that are promoting trauma in-formed social and emotional frameworks, so that professionals feel competent supporting the children in our programs who often need it the most.

- **All Communities are Not Created Equal: How a Health Equity Approach Enhances Violence Prevention Efforts**
This web conference will provide a space for a closer look at enhancing violence prevention work to promote health equity. Based on the framework presented in CDC's recent publication *A Practitioner's Guide for Advancing Health Equity: Community Strategies for Preventing Chronic Disease*, this web conference will delve into disproportionate outcomes based on race, class, sexual orientation, and ability within the context of violence prevention. Guests will explore opportunities to better address equity issues and support health equity as a part of prevention initiatives.